

Newbigging Outdoor Centre	Newbigging, Coupar Angus, Blairgowrie, PH13 9PU. Telephone in house: 01821 650 502.
NHS 24	111
Accident and emergency hospitals:	Perth Royal Infirmary, Taymount Terrace Perth, PH1 1NX Tel. No. 01738 473841
	Ninewells Hospital, Dundee, DD1 9SY Tel. No. 01382 660111
Minor injuries unit	Blairgowrie Community Hospital, Perth Road, Blairgowrie, PH10 6EE Tel. No. 01250 874466 Open from 9am - 9pm weekdays and weekends. Minor Injuries Units can treat: Sprains and strains, Broken bones, Wound infections, Minor burns and scalds, Minor head injuries, Insect and animal bites, Minor eye injuries, Injuries to the back, shoulder and chest. Any other or more serious injuries should be taken to A & E.
Local bus	Stagecoach Tel. No. 01250 872772 If travelling by local bus (details in Handbook) - suggest telephone Bus Company 1 week before going to Newbigging to organise a larger bus, if necessary, for your travelling times.
Taxi	Coupar cabs - couparcabs@tiscali.co.uk Tel. No. 01828 628188
Local shop & post office	Burrelton (2.5 miles) Tel. No. 01828 670201 Milk, Bread, Rolls, Eggs, Juice etc Will deliver Sat. & Sun.
Shops:	David Reid and Son, Butcher Tel. No. 01828 670262 High Street, Burrelton (will deliver) (Closed all day Monday)
	Scotmid supermarket Tel. No. 01828 628844 55 George Street Coupar Angus (5.5 miles)



Girlguiding Dundee
 COUNTY OUTDOOR CENTRE, NEWBIGGING
 Local Information

Supermarkets	Both Tesco and Asda deliver to the site
Sports Centre	<p>Blairgowrie recreation centre (Live Active) Tel. No. 01250 871360 Beeches Road, Blairgowrie PH10 6PN.</p> <p>Opening hours - Sat. 9am - 8.30pm. Sun. 9am - 10pm. Weekdays tel. for availability. Facilities include a 20 metre swimming pool and games hall. (booking required)</p>
Perth & Kinross Council	<p>http://www.pkc.gov.uk/article/6684/Whats-on-with-Culture-Perth-and-Kinross</p> <p>Local event information</p>
Ancrum Outdoor Centre	<p>10 Ancrum Road, Dundee, DD2 2HZ, 01382 435911 ancrum.centre@dundeecity.gov.uk</p> <p>Biking, Climbing, Snowsports, Watersports, Adventurous Activities</p>

Please let us know if there is anything else we can add to this list for future visitors!